10th November,2026

Dear Parents and Children

I hope you involuntarily bowed in Reverence and Gratitude towards the bounties of nature while celebrating Govardhan Puja and Annakoot, the fourth celebration of the five day Deepawali festivities.

LORD Krishna lifted the Govardhan mountain to save the villagers from rain which was a deliberate attempt of Indra to show his power. Many of you know this story because it was often repeated by grandparents, parents and siblings of your childhood times. In yesteryears, stories from scriptures ran in our families. I hope the tradition still prevails in your family and your children have heard the story of Govardhan from you.

The story is about --

- **K**rishna's prudence to associate Brijwasis with nature and be sensitive towards it.
- having a heartful of gratitude for nature for its countless blessings.
- An understanding that Ego can dissociate you from larger good
- Krishna's unmatched commitment towards Brijwasis which gave him the strength to hold the massive mountain on his little finger.

To give direction to our lives, it is essential to reflect on the response of Brijwasis to Krishna.

In the present times, we are more inclined towards reason, logic, questioning and thinking from the mind but **"The story of Govardhan is about the Faith and love of Brijwasis for Krishna",** the Margdarshak, Mentor, Friend and Parent with unconditional love and strength. Today is the day for all mentors and children to open the doors of communication and patience to revisit their trust in and responsibility towards each other. Children, please reflect on your understanding of the concerns of the mentors in your life.

"Faith Can Move Mountains." This evening let this, be the topic of discussion in your house because for your child's emotional strength and well being in all situations "Experiencing Faith that is Beyond the layers of the Mind is Paramount."

Share with your children the experiences of faith that gave you strength in your challenging moments and listen to their experiences so that the importance of aligning the mind and heart for resilience, harmony within and around, becomes your family's culture and your child's most precious life skill.

Enjoy the festival while reveling on the rich repository of values that these five days bring to us.

With Gratitude and Good wishes

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