

## **SYLLABUS 2026-2027**

**Class : XI**

**Subject : PSYCHOLOGY**

**Book : PSYCHOLOGY by Baron, NCERT**

**Publisher : Sterling Publishers Private Limited, NCERT**

### **Term 1**

#### **Unit 1 The Subject Psychology**

Definition of Psychology; schools of thought; Structuralism, Functionalism, Behaviourism, Psychoanalysis, Gestalt.

Fields of Psychology – clinical, counselling, developmental, educational, organizational and social psychology, Psychology and other disciplines.

Heredity and Environment – meaning of the term ‘heredity’; basic principles and mechanism of heredity (genetic). Meaning of the term ‘environment’; importance of both heredity and environment in behaviour.

#### **Unit 2 Methods of Psychology**

Scientific Methods in Psychology - observation, case study, surveys, experimentation – steps. Psychological tests and their uses, ethical issues.

Interpretation of research results – use of statistics in interpretation of data - understanding of why statistics is used (descriptive & inferential). Basic statistical concepts – statistics, sample, population.

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## **Term 2**

### **Unit 3 Attention and Perception**

Nature of attention - its inner and outer determinants.

Perceptual processes - difference between sensation and perception. Organizational principles of perception - laws, constancies, depth and colour perception.

Errors in perception - illusions of size and shape

### **Unit 4 Emotions and Motivation**

What is meant by emotion; the basic emotions.

Theories of emotion dealing with physiological, subjective and cognitive aspects.

What is meant by motives, needs and instincts.

Theories of Motivation. Pull and push theories, Optimum Arousal theory and Expectancy theory.

Graphic representation of Maslow's Needs Hierarchy.

Social motives. Three distinctively human motives: Achievement; Power; Aggression

Frustration - blocking of motives; conflict among motives.

### **Practical (Interpretation and Discussion)**

#### **Practical 1 Memory : CVC**

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## **Term 3**

### **Unit 5 Learning**

What is meant by learning; how learning takes place - Classical and Operant Conditioning; Insight learning, Observational Learning and Learning Styles.

Learning disabilities: definition and types. Characteristics of the disabilities - Dyslexia, dyscalculia, dysgraphia, dyspraxia. Characteristics of each learning disability. Remedials for Dyslexia only.

### **Unit 6 Remembering and Forgetting**

The memory system - how it works - different models.

Why and how forgetting occurs. Trace decay, retro and proactive interference, retrieval failure, amnesia - retrograde and anterograde; Alzheimer's disease; Dementia (symptoms).

How memory can be improved. Attention, use of imagery, Mnemonic devices, application of principles of learning.

### **Practical (Interpretation and Discussion)**

#### **Practical 2 Motivation : Social Facilitation**

## **Term 4**

### **Unit 7 Thinking, Problem solving and Creativity**

What is meant by thinking.

Concepts and how they are formed.

Reasoning - how it is carried out; common errors in reasoning, how reasoning can be made more effective.

Decision making and problem solving - heuristics and algorithms.

### **Chapter wise revision**

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